

Environmental Stress Management (E.S.M.)



To test for environmental stress or allergies one has to perfect the muscle test.

When the muscle test is positive the shoulder joint will release and the arm will go weak.

When negative the shoulder joint will go back and lock causing the muscle to be strong.



When the patient holds on to a vile that contains something they are allergic to the muscle will go weak.

If the muscle stays strong, they don't have a problem with it at this time.



If they hold a vile containing a vitamin that makes them strong it is good for them.

If it remains weak, it is of no use to them.



A vile containing a pathogen like a virus, bacteria or parasite can react making the muscle weak.

This should be taking into consideration when taking care of the patient.