## Cold Laser or (LLLT) Low Level Laser Therapy



Turn the key switch on to P or C.

Do not point the Laser into your eyes or the patient's eyes.

Laser can damage the eyes, so be careful.

Move the Laser in small circles around the painful area. (10 Minutes)

The Laser will penetrate the tissue up to 2.5 CM deep. It speeds healing, and feels good after an hour or so. Do not expect instant pain relief, as most patients don't feel any difference until an hour and a half later.



To finish Laser the back of the head to let the brain know an area has had laser applied to it.

This is the back of the brain that coordinates movement.



The final stage is to Laser the opposite side of the skull.

This is the Brain area for the nerve communication. They are on opposite sides.